



www.iowakidstrong.com

How Can You Make an IMPACT?

There are a number of opportunities to do so with the use of your time and talent and/or with the contribution of financial resources:

Website design

Graphic Design – logos

Fund Raising

Board of Directors Opportunities

KidStriders Victory Lap Volunteers at the Drake Relays

KidStriders Quality Assurance Coordinator (Internship opportunity)

School Volunteers for our KidStriders program

Sponsor a Student Marathoner in See-Us Run Des Moines

Students Run Des Moines Mentor

See-Us Run Des Moines Guest Speaker

If you are interested, please contact Cindy Elsbernd at cindy@iowakidstrong.com or 515-771-1140.



Join us in making a healthier tomorrow for our children and teens by contributing to Iowa Kidstrong programs.

Iowa Kidstrong is a 501(c)3 organization and your donation is tax deductible.

Yes! I'd like to support Iowa Kidstrong programs. Enclosed is my gift of:

\$25 \$50 \$100 \$250 \$500 Other _____

Name(s) _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

E-Mail my receipt to: _____

Your privacy is important to us. We will not give, share, sell, or rent your contact information to any other organization for any reason.

Please send your donation to:

Iowa Kidstrong, Inc.
659 46th Street
Des Moines, IA 50312

or give online at
www.iowakidstrong.com

For more information, contact

Cindy Elsbernd at
515.771.1140 or
cindy@iowakidstrong.com

Thank you!